

DISC for Team and Leadership Development

6th March 2024: 9.30am - 1pm

ARE YOU A COACH OR PEOPLE PRACTITIONER WHO ALREADY USES DISC AS PART OF THEIR EXISTING PRACTICE?

- Would you like to learn some fresh, new techniques to develop your skills in using DISC in Team and Leadership Development?
- Discover ways to open up, rather than close down conversations with profiling tools such as DISC?
- Use DISC to help develop self awareness, frame feedback and explore ways to change workplace behaviours?

Join Research and Coaching Psychologist Isabelle Fielding as we cover these topics and more, in a half-day, experiential, skills development workshop

BOOK NOW!

Next session: 6th March, 2024, 9:30am-1pm

Cost: £150

Secure your spot **by clicking this link**

We run this course on a regular basis, so if you're interested in joining but can't make the date, email hello@isabellefielding.co.uk to be added to the wait list for our next session

AGENDA

'The Story of Now'.

An experiential exercise that you can use with your teams, to explore what behaviours helped us to get to where we are now. Reflection on how DISC can help us to frame these conversations and learn insights about each others drivers

Framing Feedback

We explore language to use when using DISC in feedback conversations, as well as language to steer away from! We'll also examine how feedback models can help us to facilitate courageous conversations in the teams we're working with.

Exploring DISC and Motivation

How can models of psychological needs help us to frame the conversations we have around DISC, and harness intrinsic motivation for behaviour change?

Putting it all together

We help you to create an action plan for taking your new learning into your coaching or people practice, and give you an opportunity to ask us lots of questions to help you take your DISC practice forwards.

YOUR FACILITATOR



Isabelle Fielding

Isabelle is a Research and Coaching Psychologist with a passion for data-driven, evidence-based approaches to professional development. She has her MSc in Research Methods and Psychological Assessment and worked for 20 years in commercial research, developing and leading global training programmes for administering clinical, cognitive and psychological assessments

Isabelle is committed to working within an approach that is practical, humanistic, respectful of individual context, and psychologically-informed and has worked with numerous organisations in the development of their workforce, including HelloFresh, WaterAid, LionHeart RCIS, Friends of the Earth, Beam, University of Brighton, Mindgram, national sporting bodies, a national newspaper and many more.

"Really enjoyed the session especially the discussions around how DISC can be used in practise and blended with other coaching tools."

"I loved your style and energy throughout"

Evidence-based training, coaching and consultancy solutions for fast-growing, values-led businesses.

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